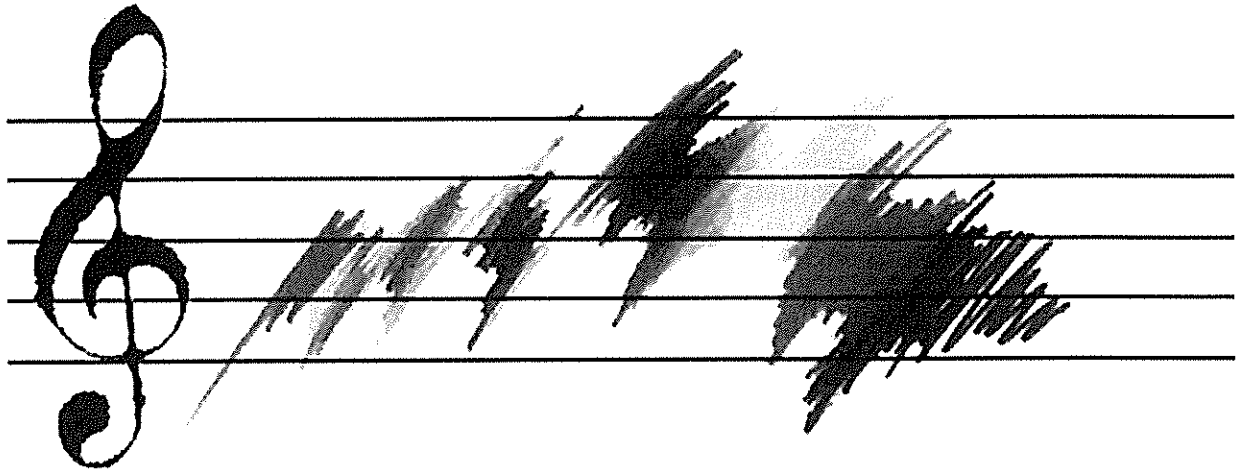


Refugio Mighty Bobcat Band

Band Handbook

2022-2023



Band Director - Ted Buhrts

High School Principal - Twyla Thomas

Junior High Principal - Chris Hawthorne

Superintendent - Melissa Gonzales

Refugio Mighty Bobcat Band

Mighty Bobcat Band Members,

Welcome to another exciting year of band at Refugio High School. Your membership in the band is a compliment to your talent, intelligence, and character. You will be rewarded through your experiences as an active member of the band well beyond your actual four years of High School.

There are many things that make up a band, one of which is tradition. Traditions that have value are based on one of three cornerstones:

- (1) Excellence in academic achievement,
- (2) Excellence in musical performance,
- (3) Excellence in social and leadership development.

Excellence is a product of PRIDE. Some traditions are timeless, and others wane as our society and values change. If you are proud of your traditions, they will last. As members of the Mighty Bobcat Band you have as much a right to forge new traditions of excellence as the students and directors who came before you. You also have a responsibility to maintain those positive qualities already present in your band program and to continue and firmly maintain the tradition of "Excellence" for your band. You have inherited a proud legacy; now accept the challenge to improve your organization. Practice and think excellence!

Sincerely,

Ted Buhrts
Band Director
Refugio ISD

Refugio Mighty Bobcat Band

Performing Groups

At Refugio ISD, we have three bands based on grade level.

- The Bobcat Marching Band and Wind Ensemble
 - All students in band in grades 9 thru 12 participate in both.
 - You cannot participate in one but not the other
 - In the fall, the Mighty Bobcat Marching band represents the school at football games, marching contests, parades, and pep-rallies.
 - In the spring, the Wind Ensemble represents the school in ATSSB region contests, UIL Solo and Ensemble contest, and Concert and Sight Reading contests.
- The Bobcat Symphonic Band
 - Comprised of students in the 7th and 8th grade
 - Represents the school in ATSSB region contests and UIL Concert and Sight Reading contests.
 - Advanced students are invited to join the Marching Band for parades and pep-rallies.
- The Bobcat Concert Band
 - Comprised of students in the 6th grade.
 - Beginner students.
 - Performs at concerts.
 - Advanced students are invited to join the Marching Band for parades and pep-rallies.

Concerts

Concerts (Public Performances) are a very necessary part of a music program. These are graded and count like grading period and semester exams. The Texas Essential Knowledge and Skills for Fine Arts (MS Rule 117.208, 209 and 210 and HS Rule 117.310, 311, 312, and 313) mandate that performance is a skill that has to be achieved by music students.

The dates for concerts are set well in advance and several weeks' notice is given to the students so as to avoid scheduling conflicts. Conflicts do come up in which case the student will be given an alternative assignment in two parts which will include playing in front of an audience and a written assignment. Successful completion of the alternative assignment will replace the missing grade.

Refugio Mighty Bobcat Band

Concerts (Cont.)

Unless the Director instructs the students otherwise, the attire for concerts is Business Casual. Males should wear a shirt with a collar and dress pants. Females should wear a shirt with a collar, a blouse, dress pants, skirts, or dresses. No t-shirts nor jeans with holes will be accepted. Students dressed inappropriately or against school dress code will be sent home. If there is question as to if something is appropriate, have the student wear the clothes to school the week prior. If they do not get dress coded, then that should be appropriate.

Attendance

For out-of-the-classroom practices, students are expected to be at all practices. There is a schedule. It is extremely rare that a practice is called without at least a weeks' notice. If you are going to miss a practice, the student is expected to notify the director a week in advance in writing. Whether or not the absence is excused or not depends on the reason. The only acceptable excuse is doctor appointment or school related activity.

For in-the-classroom practices (during the school day), students need to be in the band hall when the tardy bell rings. They will be given an additional 5 minutes to put their instrument together, prepare their music, oil their valves or keys, and be in their seat with a pencil ready to play. After the 5 minutes, students not ready are counted tardy. Students not in their seat after 10 minutes are considered absent.

- You can be in the band hall and still be counted absent if you are not in your chair playing.
- Extended restroom visits (10-15 minute) may be counted as an absence unless accompanied by a doctor's note.

The halftime performance at a football game is considered a performance. If you are going to miss a football game, it is the students' responsibility to notify the director so that an alternate can take their place. Failure to do so will result in the student losing their varsity spot.

Refugio Mighty Bobcat Band

Varsity Contest Band

This group of students will march every week at football games and at marching contests. It requires traveling long distance to games, sometimes getting back well after midnight. This group represents the school and community and should be the most outstanding representatives we have.

NOT ALL STUDENTS MAKE THE VARSITY BAND!

Students make varsity because they know their music, attend practices, know their marching spots, demonstrate a positive attitude, and are well-behaved. Having one or two of these characteristics is not enough.

If a student does not make Varsity band, the student will perform at home football games, pep-rallies, and local parades. They will still need to come to practice to learn their marching spots, and they will still need to learn their music. These students can possibly move up to the Varsity roster at any point during the season. Reasons a student moves up includes that they have worked to improve their playing and marching skills, fill in for missing students, or an additional spot opens up in the show. Based on their positive behavior and attitude, they may also be offered alternative duties for the show like moving props and equipment or joining the color guard.

Grading

There are 2 types of grades in band. Major grades are worth 60 percent and minor grades are worth 40 percent.

Major grades include:

- Concerts, football games, public performances, and contests

Minor grades include:

- Classroom participation, equipment quizzes, and playing tests
 - If you are getting less than a 100 in class, it is because you are not participating!

Refugio Mighty Bobcat Band

Instrument Care

Students are welcome to use school-owned instruments without charge. However, students who lose or damage any school equipment, including instruments, will be charged a replacement fee.

Bus

Students will be given a seating assignment for the buses when we travel. Students are expected to remain in their seats. Do not stand up or move around when the bus is moving. Students are expected to obey and respect the chaperones on the bus. Students are to leave the bus clean and remove all of their materials and belongings before they are dismissed.

Loading/Unloading

Students are responsible for making sure their instrument and equipment (flip folder, sticks, etc.) is loaded prior to leaving and they are responsible for making sure their instrument and equipment is unloaded when we return.

Traveling with Parents

Sometimes students want to ride with someone else rather than riding the bus.

- Students must travel with the band on the bus to games and contests
 - Only exception is the volleyball players that have a game
- Students must make arrangements for their own instrument, equipment, and uniforms
- Only a parent can sign out a student
- Must sign the student out with one of the chaperones
- Must see parent to be checked out

Physicals

As per UIL rules, all marching band students are required to have a physical prior to participating in band in any way.

SASI - LEADERSHIP CAMP 8 - 5	JUNE 24-25	CALLEN
BAND CAMP - MADATORY 8AM TO 12 NOON	JULY 25,26,27,28	BAND HALL
BAND PRACTICE - 630PM TO 9PM	AUGUST 1,2,3,4	BAND HALL
BAND PRACTICE - 630PM TO 9PM	AUGUST 8,9,10,11	BAND HALL
MONDAY NIGHT PRACTICE - 630PM TO 9PM	AUGUST 15TH	BAND HALL
MONDAY NIGHT PRACTICE - 630PM TO 9PM	AUGUST 22ND	BAND HALL
FB AWAY HITCHCOCK	AUGUST 26TH	CALL TIME 215
MONDAY NIGHT PRACTICE - 630PM TO 9PM	AUGUST 29TH	BAND HALL
FB AWAY CCLONDON	SEPTEMBER 2ND	CALL TIME 500
FB AWAY EDNA	SEPTEMBER 9TH	CALL TIME 500
MONDAY NIGHT PRACTICE - 630PM TO 9PM	SEPTEMBER 12TH	BAND HALL
FB HOME BISHOP	SEPTEMBER 16TH	CALL TIME 615
MONDAY NIGHT PRACTICE - 630PM TO 9PM	SEPTEMBER 19TH	BAND HALL
FB AWAY BLOOMINGTON	SEPTEMBER 23RD	CALL TIME 500
ODEM MARCHING CONTEST	SEPTEMBER 24TH	ODEM
MONDAY NIGHT PRACTICE - 630PM TO 9PM	SEPTEMBER 26TH	BAND HALL
FB HOMECOMING THREE RIVERS	SEPTEMBER 30TH	CALL TIME 615
MONDAY NIGHT PRACTICE - 630PM TO 9PM	OCTOBER 3RD	BAND HALL
FB AWAY SKIDMORE	OCTOBER 7TH	CALL TIME 500
MONDAY NIGHT PRACTICE - 630PM TO 9PM	OCTOBER 10TH	BAND HALL
UIL MARCHING REGION CONTEST	OCTOBER 15TH	BEEVILLE
MONDAY NIGHT PRACTICE - 630PM TO 9PM	OCTOBER 17TH	BAND HALL
FB HOME SHINER	OCTOBER 21ST	CALL TIME 615
MONDAY NIGHT PRACTICE - 630PM TO 9PM	OCTOBER 24TH	BAND HALL
FB AWAY KENEDY	OCTOBER 28TH	CALL TIME 500
UIL AREA MARCHING CONTEST	OCTOBER 29TH	ODEM
FB HOME GANADO PARENTS NIGHT	NOVEMBER 4TH	CALL TIME 615
ATSSB MS REGION WOODWIND AND BRASS	NOVEMBER 29	WEST OSO HS
ATSSB HS REGION/MS PERCUSSION	DECEMBER 3RD	ALICE HS
ATSSB HS REGION CONCERT/CLINIC	DECEMBER 9TH/10TH	TAMUK
CHRISTMAS CONCERT	DECEMBER 12TH	CALL TIME 630
ATSSB AREA HS AUDITIONS	JANUARY 7TH	ALICE HS
UIL SOLO AND ENSEMBLE	FEBRUARY 23RD	ROBSTOWN
BOBCAT CONCERT BAND CONTEST	MARCH 9TH	HERE
SPRING CONCERT	MARCH 30TH	CALL TIME 630
UIL CONCERT AND SIGHT READING	APRIL 12, 13, 14	TULOSO-MIDWAY HS
BAND BANQUET CONCERT	MAY 16TH	CALL TIME 600
POSSIBLE JH FIELD TRIP	MAY 18TH	
POSSIBLE HS FIELD TRIP	MAY 19/20	

Refugio Mighty Bobcat Band

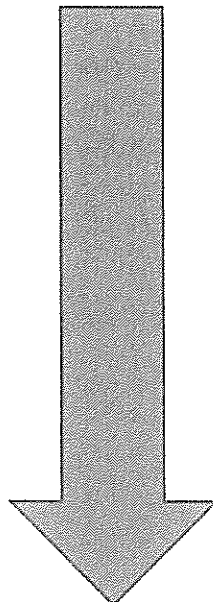
I make announcements with students several different ways.

- For all students, I make announcements during class.
- Their school email.
- Schoolstatus
- Information is also sent out over the schools Facebook page
- Calendar information is posted on the schools website

*There is a parents group on the Groupme App - "Parents of the Refugio Mighty Bobcat Band"

The following pages are due on the first day of Summer Band

July 25th at 8am



Refugio Mighty Bobcat Band

HANDBOOK VERIFICATION

Please sign below indicating that you have read the handbook, and that you understand the expectations outlined and agree to follow the guidelines and policies stated within this handbook. As always, should you have any questions or need further information, please contact the director for assistance.

Signature of Parent or Guardian

Signature of Student

GENERAL INFORMATION

Student Name _____ Grade _____

Home Phone _____ Cell # _____

Email _____

Father's Name _____

Work # _____ Cell # _____

Mother's Name _____

Work # _____ Cell # _____

Refugio Mighty Bobcat Band

PARENT/STUDENT UIL MARCHING BAND ACKNOWLEDGEMENT FORM

No student may be required to attend practice for marching band for more than eight hours of rehearsal outside the academic school day per calendar week (Sunday through Saturday). This provision applies to students in all components of the marching band. On performance days (football games, competitions and other public performances) bands may hold up to one additional hour of warm-up and practice beyond the scheduled warm-up time at the performance site. Multiple performances on the same day do not allow for additional practice and/or warm-up time.

Examples of Activities Subject to The UIL Marching Band Eight Hour Rule. • Marching Band Rehearsal (Both Full Band and Components) • Any Marching Band Group Instructional Activity • Breaks • Announcements • Debriefing and Viewing Marching Band Videos • Playing Off Marching Band Music • Marching Band Sectionals (Both Director and Student Led) • Clinics for The Marching Band or Any of Its Components

The Following Activities Are Not Included in The Eight Hour Time Allotment: • Travel Time to and from Rehearsals and/or Performances • Rehearsal Set-Up Time • Pep Rallies, Parades and Other Public Performances • Instruction and Practice for Music Activities Other Than Marching Band and Its Components

"We have read and understand the Eight-Hour Rule for Marching Band as stated above and agree to abide by these regulations."

Parent Signature _____ Date _____

Student Signature _____ Date _____

PREPARTICIPATION PHYSICAL EVALUATION – MEDICAL HISTORY

This **MEDICAL HISTORY FORM** must be completed *annually* by parent (or guardian) and student in order for the student to participate in activities. These questions are designed to determine if the student has developed any condition which would make it hazardous to participate in an event.

Student's Name: (print) _____ Sex _____ Age _____ Date of Birth _____
 Address _____ Phone _____
 Grade _____ School _____
 Personal Physician _____ Phone _____

In case of emergency, contact:

Name _____ Relationship _____ Phone (H) _____ (W) _____

Explain "Yes" answers in the box below**. Circle questions you don't know the answers to.

<p>1. Have you had a medical illness or injury since your last check up or physical? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>2. Have you been hospitalized overnight in the past year? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had surgery? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>3. Have you ever had prior testing for the heart ordered by a physician? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever passed out during or after exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had chest pain during or after exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you get tired more quickly than your friends do during exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had racing of your heart or skipped heartbeats? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you had high blood pressure or high cholesterol? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever been told you have a heart murmur? <input type="checkbox"/> Yes <input type="checkbox"/> No Has any family member or relative died of heart problems or of sudden unexplained death before age 50? <input type="checkbox"/> Yes <input type="checkbox"/> No Has any family member been diagnosed with enlarged heart, (dilated cardiomyopathy), hypertrophic cardiomyopathy, long QT syndrome or other ion channelopathy (Brugada syndrome, etc), Marfan's syndrome, or abnormal heart rhythm? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month? <input type="checkbox"/> Yes <input type="checkbox"/> No Has a physician ever denied or restricted your participation in activities for any heart problems? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had a head injury or concussion? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever been knocked out, become unconscious, or lost your memory? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, how many times? _____ When was your last concussion? _____ How severe was each one? (Explain below) _____ Have you ever had a seizure? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have frequent or severe headaches? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had numbness or tingling in your arms, hands, legs or feet? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you ever had a stinger, burner, or pinched nerve? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>5. Are you missing any paired organs? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>6. Are you under a doctor's care? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>7. Are you currently taking any prescription or non-prescription (over-the-counter) medication or pills or using an inhaler? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>8. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>9. Have you ever been dizzy during or after exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>10. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>11. Have you ever become ill from exercising in the heat? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>12. Have you had any problems with your eyes or vision? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>	<p>13. Have you ever gotten unexpectedly short of breath with exercise? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have asthma? <input type="checkbox"/> Yes <input type="checkbox"/> No Do you have seasonal allergies that require medical treatment? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>14. Do you use any special protective or corrective equipment or devices that aren't usually used for your activity or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>15. Have you ever had a sprain, strain, or swelling after injury? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you broken or fractured any bones or dislocated any joints? <input type="checkbox"/> Yes <input type="checkbox"/> No Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints? <input type="checkbox"/> Yes <input type="checkbox"/> No If yes, check appropriate box and explain below:</p> <table border="0"> <tr> <td><input type="checkbox"/> Head</td> <td><input type="checkbox"/> Elbow</td> <td><input type="checkbox"/> Hip</td> </tr> <tr> <td><input type="checkbox"/> Neck</td> <td><input type="checkbox"/> Forearm</td> <td><input type="checkbox"/> Thigh</td> </tr> <tr> <td><input type="checkbox"/> Back</td> <td><input type="checkbox"/> Wrist</td> <td><input type="checkbox"/> Knee</td> </tr> <tr> <td><input type="checkbox"/> Chest</td> <td><input type="checkbox"/> Hand</td> <td><input type="checkbox"/> Shin/Calf</td> </tr> <tr> <td><input type="checkbox"/> Shoulder</td> <td><input type="checkbox"/> Finger</td> <td><input type="checkbox"/> Ankle</td> </tr> <tr> <td><input type="checkbox"/> Upper Arm</td> <td><input type="checkbox"/> Foot</td> <td></td> </tr> </table> <p>16. Do you want to weigh more or less than you do now? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>17. Do you feel stressed out? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>18. Have you ever been diagnosed with or treated for sickle cell trait or sickle cell disease? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p><i>Females Only</i></p> <p>19. When was your first menstrual period? _____ When was your most recent menstrual period? _____ How much time do you usually have from the start of one period to the start of another? _____ How many periods have you had in the last year? _____ What was the longest time between periods in the last year? _____</p> <p><i>Males Only</i></p> <p>20. Are you missing a testicle? _____</p> <p>21. Do you have any testicular swelling or masses? _____</p>	<input type="checkbox"/> Head	<input type="checkbox"/> Elbow	<input type="checkbox"/> Hip	<input type="checkbox"/> Neck	<input type="checkbox"/> Forearm	<input type="checkbox"/> Thigh	<input type="checkbox"/> Back	<input type="checkbox"/> Wrist	<input type="checkbox"/> Knee	<input type="checkbox"/> Chest	<input type="checkbox"/> Hand	<input type="checkbox"/> Shin/Calf	<input type="checkbox"/> Shoulder	<input type="checkbox"/> Finger	<input type="checkbox"/> Ankle	<input type="checkbox"/> Upper Arm	<input type="checkbox"/> Foot	
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<input type="checkbox"/> Upper Arm	<input type="checkbox"/> Foot																		

An electrocardiogram (ECG) is not required. I have read and understand the information about cardiac screening on the UIL Sudden Cardiac Arrest Awareness Form. By checking this box, I choose to obtain an ECG for my student for additional cardiac screening. I understand it is the responsibility of my family to schedule and pay for such ECG.

EXPLAIN 'YES' ANSWERS IN THE BOX BELOW (attach another sheet if necessary):

It is understood that even though protective equipment is worn by athletes, whenever needed, the possibility of an accident still remains. Neither the University Interscholastic League nor the school assumes any responsibility in case an accident occurs.

If, in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given said student by any physician, athletic trainer, nurse or school representative. I do hereby agree to indemnify and save harmless the school and any school or hospital representative from any claim by any person on account of such care and treatment of said student.

If, between this date and the beginning of participation, any illness or injury should occur that may limit this student's participation, I agree to notify the school authorities of such illness or injury.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct. Failure to provide truthful responses could subject the student in question to penalties determined by the UIL.

Student Signature: _____ Parent/Guardian Signature: _____ Date: _____

Any Yes answer to questions 1, 2, 3, 4, 5, or 6 requires further medical evaluation which may include a physical examination. Written clearance from a physician, physician assistant, chiropractor, or nurse practitioner is required before any participation in UIL practices, games or matches. **THIS FORM MUST BE ON FILE PRIOR TO PARTICIPATION IN ANY PRACTICE, SCRIMMAGE, PERFORMANCE OR CONTEST BEFORE, DURING OR AFTER SCHOOL.**

For School Use Only:

This Medical History Form was reviewed by: Printed Name _____ Date _____ Signature _____

